

# Public Information Session

**Alzheimer Society**  
MANITOBA  
*Dementia Care & Brain Health*

## Understanding Dementia and Brain Health

This presentation will provide information on Alzheimer's disease and other dementias, the ten warning signs and reducing your risk of developing dementia. Plus, we'll discuss current programs and services available from the Alzheimer Society.

**Date: October 29<sup>th</sup> 2025**

**Time: 11:00**

**Place: Swan River Senior Citizen Center 701 -1<sup>st</sup>. North**

***Presented by:***

***Swan River and District Resource Council Inc., Services for Seniors & SR Lifeline***



**Parkland Region  
204 638-4483**

**[gvanmackelbergh@alzheimer.mb.ca](mailto:gvanmackelbergh@alzheimer.mb.ca)**

**[alzheimer.mb.ca](http://alzheimer.mb.ca)**